

# ***VACE Insurance Employee Assistance Program***

## **Summary of Program Features**

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## Feature Summary

Magellan Behavioral Health is very pleased to provide this summary of the VACE Insurance Employee Assistance Program which includes the following:

### Employee Assistance Program

- Services of an Account Executive and an Account Specialist
- Toll-free number for VACE Insurance
- Fully staffed 24 hour telephonic access to Magellan's counselors
- Telephonic consultation
- Workplace Support Management Consultation services
  - \* Management consultation
  - \* Management referral
  - \* Substance abuse follow up
- Critical Incident Stress Management Services
- Training
- Communication, including
  - \* Brochures with tear off wallet cards
  - \* Posters
  - \* Monthly targeted electronic communications
  - \* Monthly targeted webinars and podcasts
  - \* Health Fair participation
- Computerized search system for appropriate & convenient counselor locations
- Customized access options for in-person assessment & counseling
- Referral assistance to mental health providers beyond the EAP

### Reporting

- \* Quarterly Reporting on EAP program activity and other services delivered.

### MagellanHealth.com/member

- Specific information and benefits on a VACE Insurance home page
  - \* Self Directed provider searches
  - \* Articles
  - \* Educational Materials
  - \* Self Assessments
  - \* Personal Plans
  - \* Calculators
  - \* Self-Help Strategies
  - \* Community Resources
  - \* On demand training
- Self-referrals to program providers that are convenient to home or work location
- Confidential access to information and resources, available at no cost to you
- Interactive, personalized health and wellness programs that help individuals create a personalized path to self-improvement
- Magellan Healthyroads health and wellness portal with access to:
  - \* Personal Health Assessment (HRA)
  - \* Meal Planners
  - \* Exercise Planners
  - \* Weight Management Tools
  - \* Cardiovascular and Fitness Trackers
  - \* E-coaching classes and courses
  - \* Wellness Centers
  - \* Fitness Club Discounts

- \* Health Expert Blog
- \* Daily e-mail tips
- \* Stress-less MP3 Downloads
- \* Wellness Library
- \* Wellness Store

**Consolidated Legal & Financial Services**

- Telephonic consultation with an attorney or a financial counselor
- Free initial in-person consultation with a credentialed network attorney or a financial counselor
- Discounted on-going financial or legal services
- Extensive library of legal and financial resources available through MagellanHealth.com, including:
  - \* Professionally written articles and guides
  - \* Sample forms
  - \* Calculators
  - \* Legal and Financial FAQ's
- Matters covered include:
  - \* Personal and family legal services
  - \* Credit, debt, borrowing, and bankruptcy
  - \* Budgeting
  - \* Lease and purchase issues
  - \* Business legal services
  - \* Real estate
  - \* Criminal matters
  - \* IRS matter
  - \* Estate planning, and much more

**Work-Life Services provided in partnership with LifeCare**

- A program covering the full spectrum of life events, from prenatal to end of life, inclusive
- Work Life Consultation, Education and Referral
- Telephonic consultation with Work-Life Specialist
- Personalized, prescreened referrals with confirmation openings
- College searches, financial aid information
- Over 650 professional published signature guides to individually fulfill requests
- Extensive interactive online tools including:
  - \* Adoption
  - \* Pregnancy
  - \* Adult Care and Aging
  - \* Child care and Parenting
  - \* Daily Life
  - \* Education
  - \* Relocation Services
  - \* On demand webinars
  - \* Member Discount Center with over 500 special discounts on brand name products/services
  - \* Mini Kits
  - \* Podcasts